



Warwick Workouts

Advanced Offensive Player Development Camps and Clinics

Powered by **Avera**
Sports

Bridgewater/Emery Basketball Workouts

3rd-5th Grade Boys & Girls

3:30-4:30pm Beginner Session

4:45-5:45pm Advanced Session

Location: TBA - watch for updates on gym location @ Bridgewater or Emery

Workout Overview

The Warwick Workouts basketball workouts are for athletes that want to improve as a player on BOTH sides of the basketball. This camp will focus on the game of basketball as a whole.

Workout Features:

- Ball handling drills
- Shooting instruction & drills
- Finishing at the rim
- Situational skill work
- Competitive drills
- Concepts and basketball IQ

Dates:

Monday, December 2

Thursday, December 5

Monday, December 9

Thursday, December 12

Monday, December 16

Thursday, December 19

Cost: \$99 w. t-shirt & basketball

**Beginner & Advanced session will include similar skills/drills. The advanced session will move at a fast pace and will progress to more advanced drills and concepts.*

Each athlete receives a Warwick Workouts T-shirt & BB

To Register for workouts in Bridgewater/Emery:

Please go online to www.WarwickWorkouts.com

Find your camp under the **REGISTER HERE** tab.

Payment can be accepted at the time of registration.

For more information about these workouts contact

Kelly Glanzer 366-8699

The Ultimate Camp Experience



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